

NYCC Facilities Management- Catering - Autumn Term Menu 2018 – Choice Menu

	WEEK 1 served w/c: 3rd and 24th Sept, 15th Oct, 12th Nov, 3rd Dec	WEEK 2 served w/c: 10th Sept, 1st and 22nd Oct, 19th Nov, 10th Dec	WEEK 3 served w/c: 17th Sept, 8th Oct, 5th and 26th Nov, 17th Dec
M O N D A Y	Sausages, Mash & Onion Gravy v Bean & Vegetable Cobbler Broccoli & Cauliflower 50/50 Bread ***** Jam Sponge & Custard Fresh Fruit or Yoghurt	Organic Beefburger in a Bun v Cauliflower & Broccoli Gratin Chipped Potatoes Peas & Sweetcorn ***** Banana Brownie & Chocolate Sauce Fresh Fruit or Yoghurt	v Pizza Margareta Tuna Catherine Wheels Potato Wedges Carrot & Orange Salad & Peas **** Chocolate Semolina & Mandarins Fresh Fruit or Yoghurt
T U E S D A Y	Sweet & Sour Chicken & Rice v Cheese, Leek & Potato Bake Medley of Veg Wholemeal Baguette **** Toffee Apple Crumble Cake Fresh Fruit or Yoghurt	Chicken & Tomato Pasta v Quorn Curry & Rice Green Beans & Cauliflower Wholemeal Bread **** Autumn Marble Berry Sponge & Custard Fresh Fruit or Yoghurt	Minced Beef & Dumpling v Vegetable Roast Sweet Potato Mash Savoy Cabbage & Carrots Sunflower Seed Bread ***** Sticky Date & Apple Bar with Cheese Fresh Fruit or Yoghurt
W E D N E S D A Y	Roast Beef & Yorkshire Pudding v Vegetable Lasagne Roast Parsnips Carrots Roast Potatoes Sliced Wholemeal Bread ***** Chocolate & Orange Sponge with Chocolate Sauce Fresh Fruit or Yoghurt	Roast Pork with Apple Sauce & Gravy v Two Bean Hot Pot Carrots & Broccoli Parsley Potatoes Herbie Bread ***** Raspberry Bun & Apple Fresh Fruit or Yoghurt	Chicken & Vegetable Pie v Vegetable Chilli & Rice Roast Potatoes Carrots & Swede Crusty Bread **** Fruity Gingerbread & Custard Fresh Fruit or Yoghurt
T H U R S D A Y	Chicken Korma & Rice v Roasted Vegetable Pasta Cauliflower & Green Beans Naan Bread ***** Pineapple Shortcake & Custard Fresh Fruit or Yoghurt	Beef Wraps v Macaroni Cheese Veg Sticks Vegetable Rice *** Apple Cinnamon Crunch Crumble & Custard Fresh Fruit or Yoghurt	Pasta Bolognese v Sweet Potato & Vegetable Bake Broccoli & Sweetcorn Garlic Bread ***** Arctic Roll & Peaches Fresh Fruit or Yoghurt
F R I D A Y	Battered Fish v Wholewheat Vegetable Pasty Tomato Sauce Peas & Carrots Sticks Chipped Potatoes Sunflower Seed Bread **** Fruits of the Forest Flapjack Fresh Fruit or Yoghurt	Salmon Nibbles Tomato Sauce v Spanish Baked Bean Omelette Broccoli & Carrots Potato Wedges Tomato Bread ***** Swiss Bun Fresh Fruit or Yoghurt	Fish Fingers v Glamorgan Sausage (Cheese & Potato Croquette) Peas & Baked Beans Chipped Potatoes Wholemeal Bread ***** Plum Upside Down Pudding & Custard Fresh Fruit or Yoghurt